Make Time to Listen, Take Time to Talk is a family game of conversation starters. It’s designed as a “win-win” and everyone gets a chance to LISTEN and TALK. You get to know more about your family and friends by honestly answering some general questions and carefully listening to the answers. There are no rules, everyone is a winner. However, you can only be a winner if you honestly answer the questions and REALLY LISTEN to responses. This will help you better understand each other and how to best approach a conversation with your teen. How? Because you have really listened! Here are some general questions for the family to get the game started:

- What was the best thing that happened to you today?
- What do you love about school/work?
- What does success mean to you?
- What makes you scared?
- What do you remember about your first day at school/work?
- What three things make a person popular in your school/at work?
- What makes you laugh?
- Why do you think some kids/adults dress differently?
- What makes you angry?
- Where would you go if you could travel anywhere in the world? Why?
- What is a skill you wish you had? Why?
- What one thing would you do to make the world more peaceful?
- Do you like being challenged? How?
- What kinds of people interest you? Why?
- If you could write a book, what kind of book would it be?
- Do you learn more when you win or when you lose?

Source: samhsa.gov for more details about the game