

# What Teens Should Know About Human Sexuality and When

(IN ADDITION TO DEVELOPING EARLIER SKILLS AND KNOWLEDGE) 14 TO 18 YEAR OLDS SHOULD:

## BE KNOWLEDGEABLE ABOUT HUMAN SEXUALITY

- Understand that there are different types of sex (for instance, oral sex is sex and one can get a sexually transmitted infection)
- Understand differences in sexuality between heterosexuality, LGBTQ, celibacy, and abstinence

Have a personal value system about interpersonal relations, including sexual behavior

Recognize the impact of media presentations that promote sexual involvement

Know contraceptive alternatives (including abstinence) and the causes and treatments of sexually transmitted infections

## UNDERSTAND SOCIAL PRESSURES AND HAVE A DEMONSTRATED AWARENESS OF THE POTENTIAL CONSEQUENCES OF CASUAL SEXUAL RELATIONSHIPS

- Understand personal relationships:

They have a right to decide not to have sex

Be able to have and maintain friends

Be able to identify expectations of marriage, e.g. emotional support, companionship, child rearing

Be aware of the mix of independence and responsibility needed at their age

