



RESULTS IN 20 MINUTES WITH AN HIV AT HOME SELF TEST

About HIV in Georgia

It's important to know your status. Over 56,000 Georgians are currently living with HIV, and 2,504 Georgians were newly diagnosed in 2019. Georgia ranks 4th in the U.S. for total number of people with HIV, and 1st among states for rate of new HIV diagnoses, despite being only the 9th most populated state in the U.S

What is an HIV self-test?

An HIV self-test (or rapid self-test) is an antibody test that can be used at home or in a private location. With an HIV self-test, you can get your test results within 20 minutes. The only FDA-approved HIV self-test currently available in the United States is an oral fluid test. Your local health department may offer reduced cost self-tests

GCAPP can mail you free a self-test kit.

To request an HIV self-test, [click here](#) and in non-descript packaging a self-test kit will be mailed to you in 3-5 days. Your local health department may offer free or reduced cost self-tests.

How do I use an HIV self-test?

- ✓ Read the instructions included in the test kit before you start.
- ✓ For an HIV self-test, you must swab your gums to collect an oral fluid sample and then test your sample.
- ✓ Your results will be ready within 20 minutes.
- ✓ If you don't follow the directions as described, the test may not work. There is a phone number included with the HIV self-test if you need help using the test.
- ✓ You should always interpret HIV self-test results according to the manufacturer's instructions. Learn more about what a negative or positive test result means.
- ✓ If the HIV self-test is invalid, then the test did not work. You will need to use another HIV self-test, or find testing at a health care provider or testing center.

Will my insurance cover an HIV self-test?

HIV self-tests and mail-in HIV tests may be covered by insurance. Be sure to check with your insurance company and health care provider about reimbursement for tests that you purchase.

Source: Georgia Department of Public Health and the CDC.gov