

# **Personal Responsibility Education Program** (PREP)

In partnership with the Georgia Department of Family and Children Services, GCAPP's Personal Responsibility Education Program educates young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections, including HIV/AIDS. The program serves at risk youth ages 10-19 who are in foster care, live in rural areas or in geographic areas with high teen birth rates, or come from racial or ethnic minority groups. The program also supports pregnant and parenting youth under 21 years old.

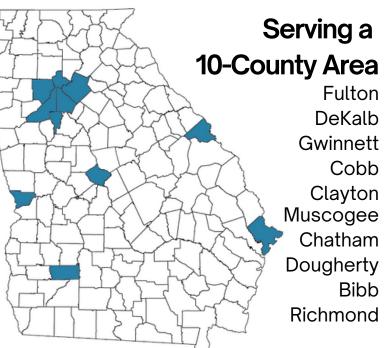
#### In 2022, GCAPP:

- Served 570 Parents
- 52 Youth
- Trained 168 youth-serving professionals

Since 2012, GCAPP has Impacted **over 3,000 youth**.

## PREP replicates proven, effective programs that emphasize:

- Healthy relationships, including family interactions.
- Adolescent development, such as the development of healthy attitudes and values about adolescent growth and development, body image, racial and ethnic diversity, and other related subjects.
- Parent-child communication.
- Healthy life skills, such as goal-setting, decision making, negotiation, communication and interpersonal skills, and stress management.



### **Recent Trainings & Webinars**

- Trauma-informed care
- How to be an 'Askable Adult'
- Teen Sexual Health
- Mental Health in the COVID-19
  Era
- Teen Dating Violence & Healthy Relationships
- Sex Ed & LGBTQ+ Youth
- Youth Suicide Prevention
- Let's Talk: The Fatherhood Edition

#### For more information visit gcapp.org